



# Awareness Gathering

## ~ Aware Living For Essential Change (Level 1)

People coming together to expand their conscious awareness, learn powerful principles, tools, and practices to transform self-limiting patterns of thought and behavior to create healing and change!

### What if you knew how to create a life that works for you?

- Practice self-empowerment tools and techniques to clear what is not working in your life
- Strengthen your self-awareness to know what is right and true for you and honor it!
- Live from the heart being unconditional and in complete allowance for yourself and others
- Be able to Handle difficult situations with more elegance and ease
- Experience the gift of “Aware Friends” for meaningful relationships, support, and inspiration

**COST:** First gathering is only \$10. After that - \$25

**DATE:** Last Wednesday of Every Month; 4/27, 5/25, 6/29 **TIME:** 7:00 – 9:00 PM

**LOCATION:** Branch Mill Organic Farm & Retreat Center, 2815 Branch Mill Road, AG

**Please RSVP:** JulieNevison@yahoo.com (805) 630-6281

The Awareness Gathering is a pre-requisite to the level 2 class Living the Power of Awareness

Julie is a catalyst for change and a nurturer of possibilities. She inspires others to trust their own awareness and open to greater possibilities in their family and their life. Her gentle personality and deep wisdom, along with various tools and techniques, assist others in clearing emotional patterns and programs that are in the way of the family and life that they would like to create.



#### **Julie Nevison**

Aware Life Coach

Certified Parent Educator & Coach

Healing Arts Practitioner

Nutrition Consultant

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[JulieNevison.com](http://JulieNevison.com)

### What if healing and change was easier, faster & more fun?