

# **Crossing the Bridge**

## **Spring Transitions to Summer**



(image from Google Images)

*Let's gather together to honor the transitioning energies of Spring and bid "WELCOME" to the approaching energies of Summer. Summer brings the Deepening of Intentions, Clarifying of Motivation and Taking ACTION.*

### **Come share an evening with Deborah O'Brien**

*Together, we will create a ceremony honoring our Visions, Intentions, Actions, Prayers . . . and the Oneness that connects us to all of Creation.*

The gift of the Sacred Pipe will guide our steps.

**When:** **Friday, June 2nd: 7pm – 9pm**  
**Where:** **Branch Mill Organic Farm & Retreat Center**  
**2815 Branch Mill Road Arroyo Grande 93420**  
**Cost:** **Donation**

**Contact Deborah to reserve your seat: (650) 815 – 8910**

Deborah, the founder of **Heart in the Lotus**, is an Integrative Intuitive and Spiritual Growth Facilitator. Her passion is helping people heal from the inside out. With 30 years of experience as a Registered Nurse, in a variety of health care settings, Deborah has witnessed time and again the benefits of a holistic approach to health and healing. Body, Mind, Heart, and Spirit all come together, contributing to the experience of this human journey. Deborah assists individuals in discovering the root cause of their symptoms and imbalances, and embrace healing at this level. From this place, new possibilities begin to present themselves.

Deborah will be offering private sessions on Saturday, June 3<sup>rd</sup> – Monday, June 5<sup>th</sup>  
Contact her at **(650) 815. 8910** to schedule your session  
To learn more about Deborah's work, please visit her website:  
**[www.heartinthelotus.wix.com/theheartofhealing](http://www.heartinthelotus.wix.com/theheartofhealing)**